



March Client & Family News

CANCER 101

COLORECTAL CANCER LUNCHEON

"Protecting Your Colon"

March 23
Noon
Cancer Services

YOGA

No Stress Yoga Classes Designed
for Cancer Survivors

Reduce stress and anxiety associated with illness

No Flexibility Required

*To enroll in classes,
contact Susan Moreland at 225-927-2273*

COPING WITH PROSTATE CANCER?

*Meet with other men working their way
through Prostate Cancer*

Pennington Cancer Center
Baton Rouge General—Bluebonnet
Conference Room 2

First Tuesday of each month
7:00—8:00 p.m.

DEALING WITH THE FLOOD?

Support Group
Mondays at 11 a.m.
Cancer Services
**Light refreshments served*

*Help with Flood Concerns—
call Chernita Blunt at 225-927-2273*

*Counseling—
Call Hilary Tallman at 225-927-2273*

Services for Cancer Survivors & Their Families

Cancer Services offers programs, resources and services to help those living with, through and beyond cancer— **ALWAYS FREE OF CHARGE.** These include:

- Financial Assistance
- Cancer Specific Support Groups
- Counseling
- Exercise Programs
- Family & Children Program
- Medical Equipment Loan
- Wig Boutique
- Healthcare Navigation

For more information and to RSVP or to register for events, contact Shawnda Barrow at 225-927-2273 or sbarrow@cancerservices.org

BECAUSE CANCER HAPPENS EVERY DAY, WE'RE HERE.

Cancer Services | 550 Lobdell Ave. | P: 225-927-2273 | F: 225-928-8448

 CancerServices.org  /CancerServicesofGBR  @CSGBR  @csgbr

MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12:00 West Feliciana Parish Support 6:30 Reiki Circle	2 9:30 Zumba Gold Noon St. James Parish Support Group	3 12:00 Pancreatic Cancer Support	3
5	6 10:30 Yoga Thrive 11:00 Flood Survivor Grp. 5:15 Fit & Fearless 7:00 Mt. Pilgrim Group	7 9:30 Fit & Fearless 12:00 Grief Seminar 1:00-3:00 Reiki 6:00 All Cancers Group 7:00 Prostate Group	8 12:00 GYN Cancer Support Group	9 9:30 Zumba Gold 12:00 General Group	10	11
12	13 10:30 Yoga Thrive 11:00 Flood Survivor Grp. 5:15 Fit & Fearless	14 9:30 Fit & Fearless 12:00 Grief Seminar 1:00-3:00 Reiki 6:00 Survivedat	15 12:00 Breast Cancer 4:00 Lung/ Oral Head Neck Group	16 9:30 Zumba Gold	17	18
19	20 10:30 Yoga Thrive 11:00 Flood Survivor Grp. 12:00 General Group 5:15 Fit & Fearless	21 9:30 Fit & Fearless 12:00 Grief Support 1:00-3:00 Reiki 1:30 Grief Social	22 12:00 Ascension Parish Support 5:00 Williamsburg	23 9:30 Zumba Gold 11:00 Mindfulness 12:00 Cancer 101	24 12:00 General Group	25 Children's Event
26	27 10:30 Yoga Thrive 11:00 Flood Survivor Grp. 5:15 Fit & Fearless	28 9:30 Fit & Fearless 12:00 Grief Support 1:00-3:00 Reiki	29	30 9:30 Zumba Gold	31	