



# Cancer Services

IMPROVING LIFE. EMPOWERING LIVES.

## Check Out Our Great Programs!

### Relaxation Workshop

1<sup>st</sup> Friday each month, Noon-1:00 pm\*

### Multiple Myeloma Group

2<sup>nd</sup> Wednesday each month, Noon-1:00 pm\*

### Colorectal Support Group

3<sup>rd</sup> Monday each month, Noon-1:00 pm\*

### Breast Cancer Support Group

3<sup>rd</sup> Tuesday each month, Noon-1:00 pm\*

### Caregiver Support Group

3<sup>rd</sup> Thursday each month, Noon-1:00 pm\*

### Lung Cancer Support Group

3<sup>rd</sup> Friday each month, Noon-1:00 pm\*

### Lymphoma, Leukemia, Myelodysplasia Support Group

Last Friday each month, Noon-1:00 pm\*

### Oral, Head and Neck Cancer Support Group

3<sup>rd</sup> Wednesday each month, Noon-1:00 pm\*

### Brain Cancer Support Group

2<sup>nd</sup> Monday of each month, Noon-1:00 pm\*

### Community Grief Support Group

Every Tuesday at 11:30 am-12:30 pm\*

### Life Goes On: Young Adult Group

4<sup>th</sup> Tuesday each month, 6:00 p.m.

### Make Today Count

St. James Parish: Lutcher

1<sup>st</sup> Thursday each month, 5 pm @ Lutcher Library

West Feliciana Parish: St. Francisville

1<sup>st</sup> Wednesday each month, Noon @ Town Hall

East Feliciana Parish: Jackson

2<sup>nd</sup> and 4<sup>th</sup> Tuesday each month, 6 pm

@ Jackson United Methodist Church

Ascension Parish: Gonzales

4<sup>th</sup> Wednesday each month, Noon

@ First United Methodist Church

### Speaker Meeting:

4<sup>th</sup> Thursday each month, Noon\*

### Art Expressions

On select days each month. Ask for details.

### All Cancer Support Group

2<sup>nd</sup> Monday each month, 6 p.m.\*

### Fit and Fearless Exercise Program

Every Tues. at 9 a.m. and

Every Thurs. at 5:15 p.m. and 6 p.m. at

BREC Independence Park across from CSGBR

